

Special Edition of the Memory Box Collection

UPDATED

# Don't Worry, Little Bear!

A story to explain the Coronavirus to children and  
to reassure them that everything will be okay



Written & illustrated by Stacey Kelly

I hope you like this book and the resources that I've made for you all.

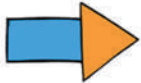
I'm a parent so I know how challenging these times are and I will do everything I can to make things easier for our babies.

Please do keep in touch and let me know how you are all getting on.

Love from Stacey

xxx

Keep in  
touch here



Early Years Story Box

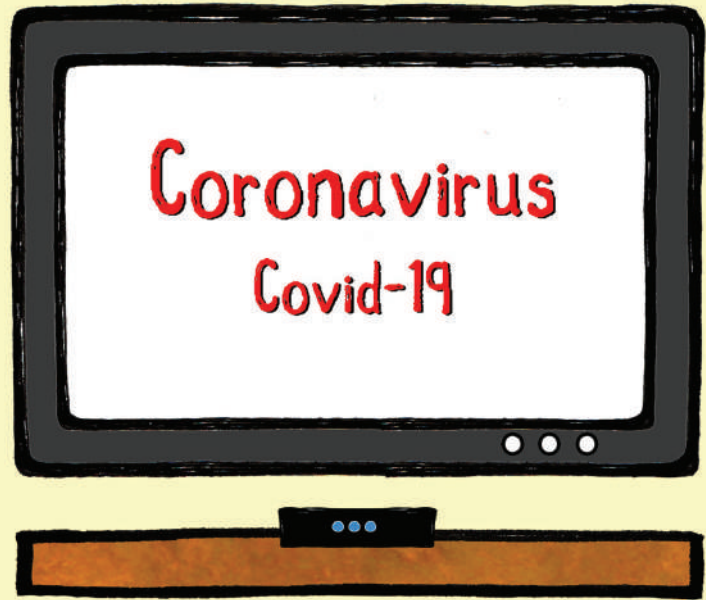
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Produced in the UK

Little Bear felt worried  
because each and every day,  
He would hear about the  
Coronavirus in some way.



Grown-ups talked about it and it was on T.V too,  
And he'd heard people saying it was a horrible kind of flu.  
Everything around him was feeling very strange,  
And it was hard to understand why so much had to change.



Some children still had to stay at home  
and some could go back to school with their friends,  
But nobody seemed to know when  
these strange times were going to end.



Little Bear really wished  
that he could be with  
his friends and play,  
But he was told he couldn't  
see them properly until the  
Coronavirus had gone away.

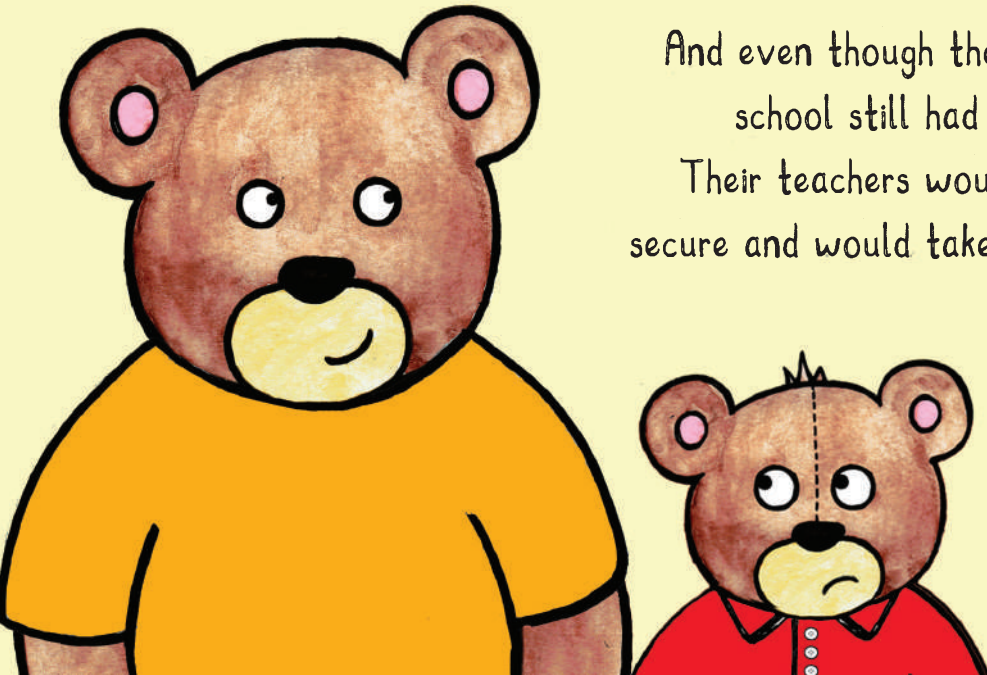
He was also confused about why  
some children were going back to school,  
And why others stayed at home and  
had to follow different rules.



Big Bear could see that he was  
worried and feeling rather sad,  
So he explained everything to Little Bear  
in the hope that he wouldn't feel so bad.

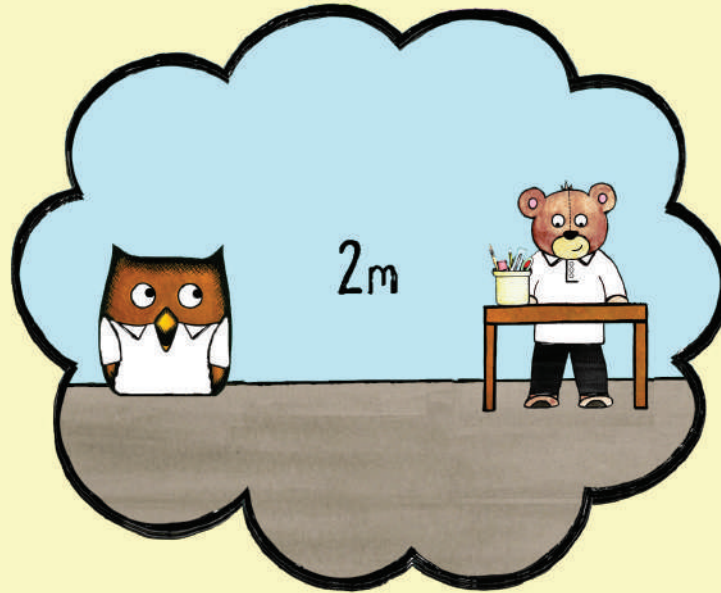


He said that even though school was now open and some children could go there to learn, Some grown-ups had decided to keep them at home so not everyone in his class would return.

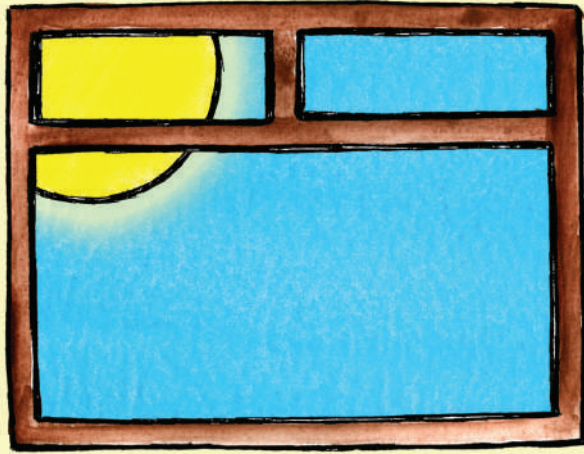


And even though the children who came back to school still had to keep 2 metres away, Their teachers would make them feel safe and secure and would take great care of them each day.

Big Bear said  
that for most  
people the  
Coronavirus  
would be like  
a bad cold.  
But that it  
could be worse  
for those who  
weren't always  
well or very old.



And although  
most of these  
people would  
also be fine,  
We were  
protecting  
them because  
their bodies  
weren't as  
strong as  
yours or mine.



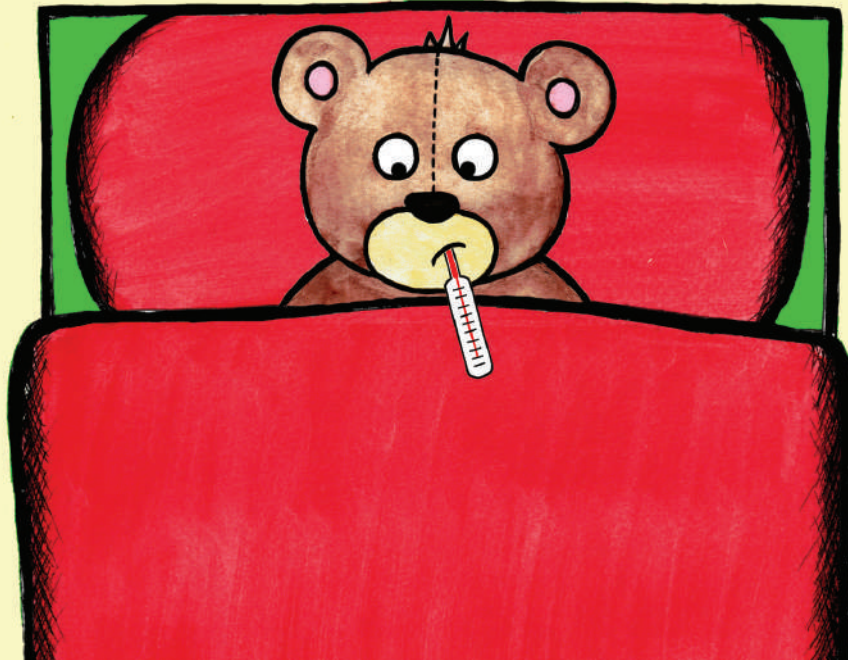
He said that if we kept 2  
metres apart it would stop  
bugs from being passed on,  
And would help to  
keep everyone well until  
the Coronavirus had gone.

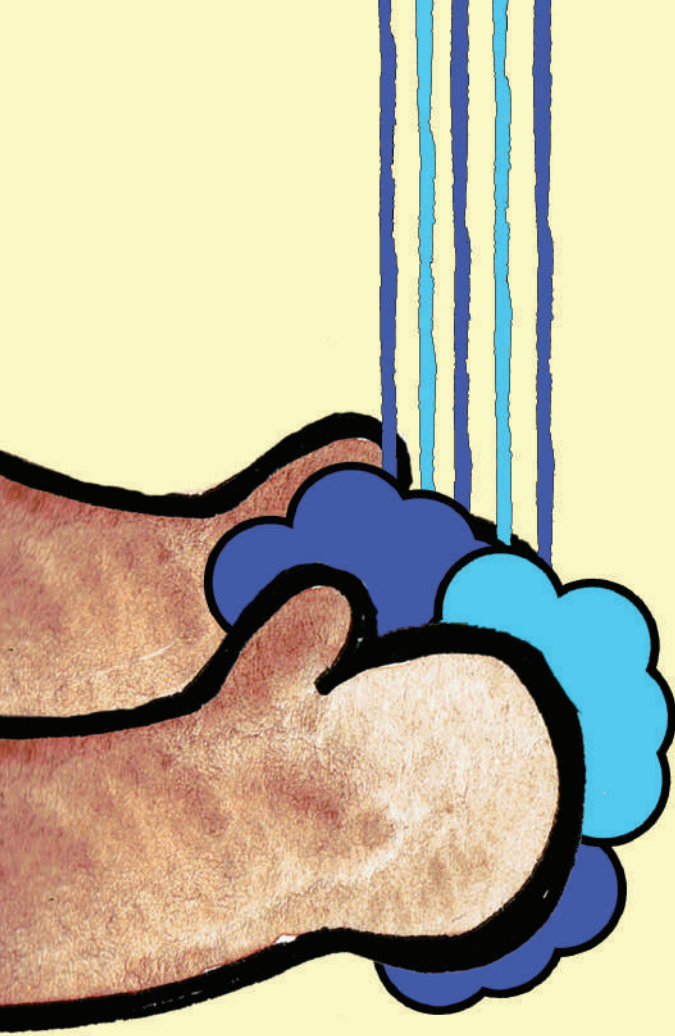
He explained that if Little Bear had a cough, a cold or if his head felt hot,  
It didn't mean that the Coronavirus was something that he'd got.

And although these were symptoms of the virus, it was normal at this time of year,  
To have a cough or runny nose and these things were nothing to fear.

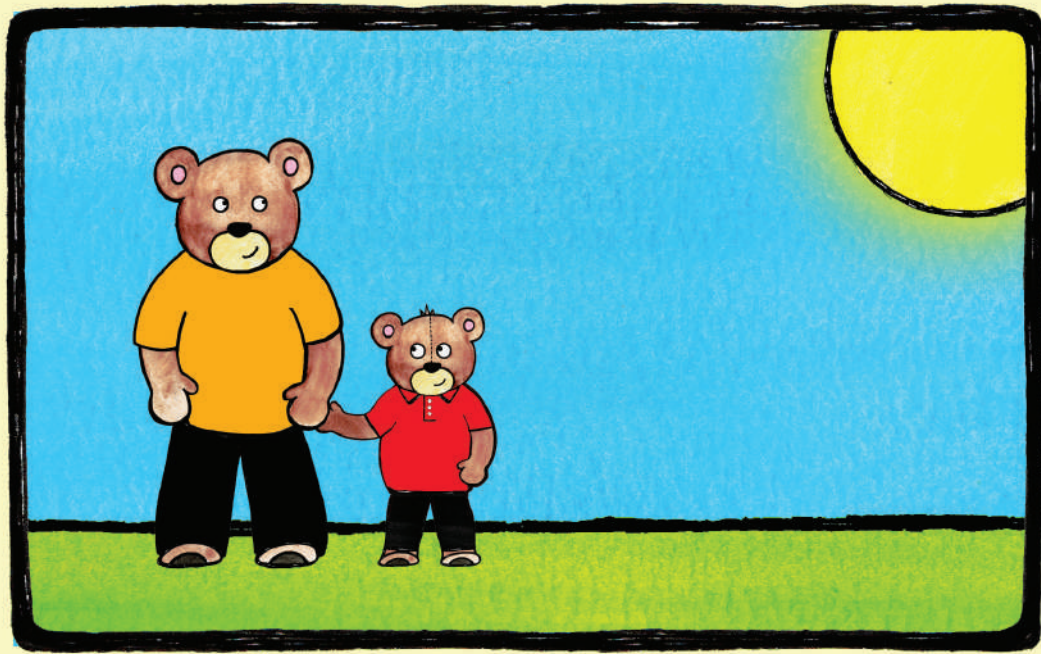


Being poorly is never nice, which is why we all need to take care,  
And do our very best to stop the virus from spreading everywhere.

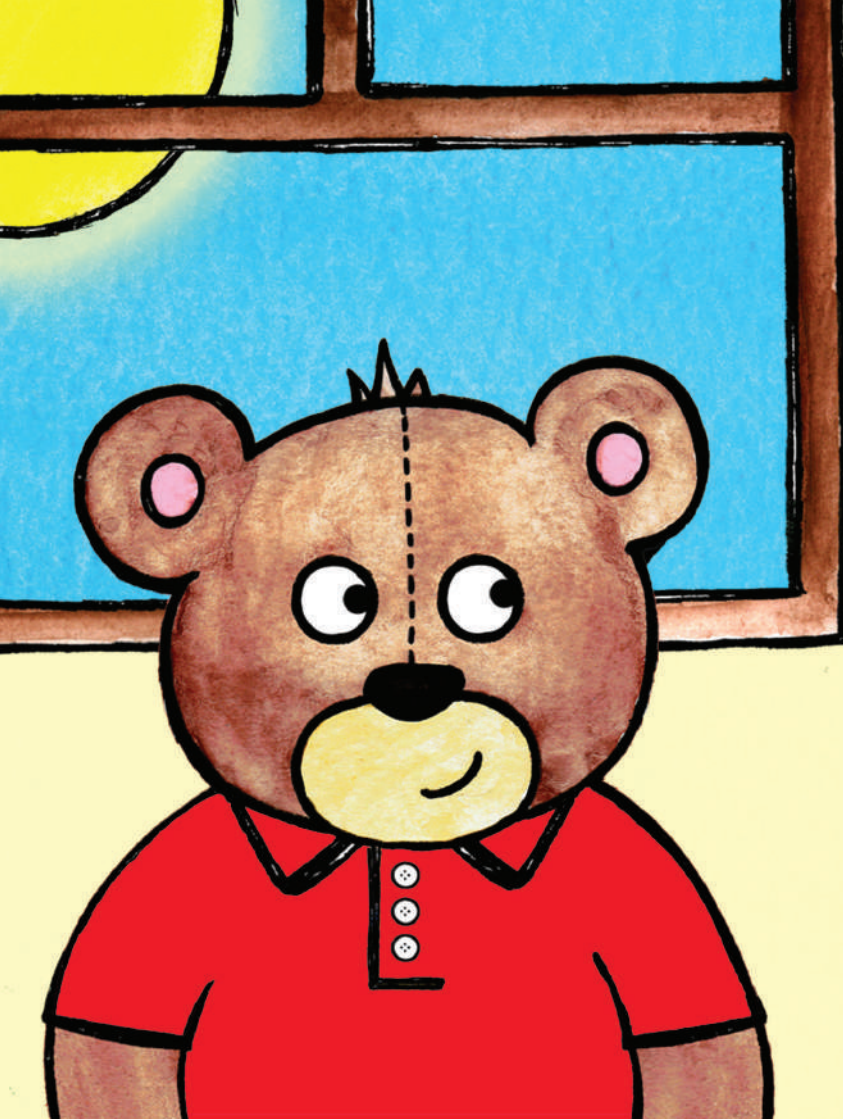




Big Bear said not to worry  
about germs because they would  
always be kept away,  
If we made sure that we  
washed our hands really  
well throughout the day.



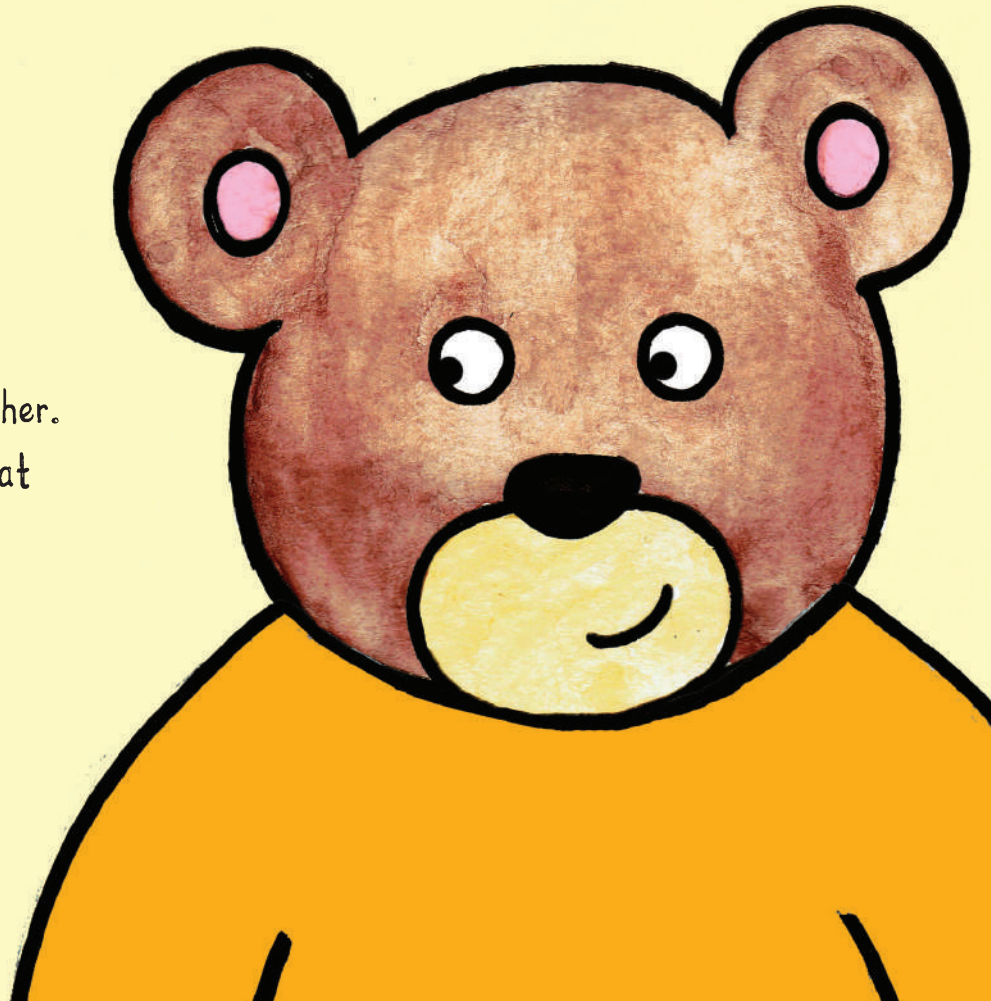
And even though small groups could now get together out in the fresh air,  
People still needed to keep their distance and make sure that they took great care.



Little Bear felt much better  
knowing that everything  
would be okay,  
And was happy that  
things would go back to  
normal again one day.



And although he still  
couldn't go near others,  
everyone had to stick together.  
And keep calm knowing that  
these strange times  
wouldn't last forever.

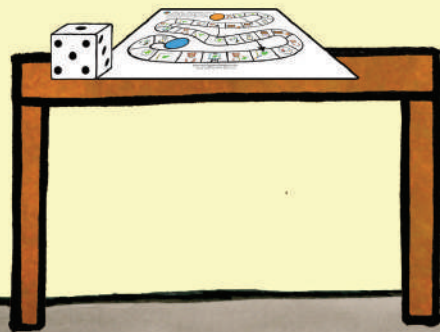




And whether Little Bear went back to school or if he stayed at home,



He'd always have Big Bear looking out  
for him and would never feel alone.



# Tell Little Bear about you...

Name:

Date:

How I feel about going to school:


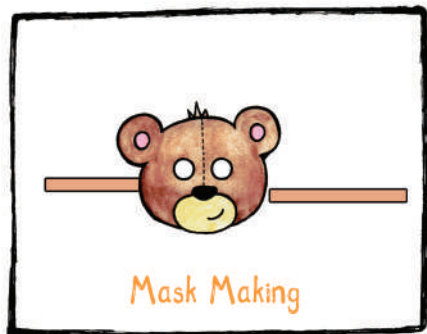
How I feel about staying at home:

How I feel about lockdown:



# Don't forget to print off your free activities too!

They are lots of fun and will really help  
your child to process their thoughts and feelings



Printable back page



## DOWNLOAD HERE



[www.EarlyYearsStoryBox.com/Corona](http://www.EarlyYearsStoryBox.com/Corona)



In these uncertain times children need reassurance. This story explains the Coronavirus to children and reassures them that everything will be okay



Early Years Story Box

Nurturing self-awareness & imagination in little learners

Created by: [www.earlyyearsstorybox.com](http://www.earlyyearsstorybox.com)